

ACTIVITIES FOR MESSY AT HOME – CHURCH ASSEMBLE!

1. Make a mask and cuffs

On the next couple of pages you will see outlines for masks for Captain America, Hulk and Iron Man. Print on thin card which ones you want to make. Colour, cut them out and make holes to thread elastic or string through. Use the picture below to help with the colours.

Use these pictures to give you ideas for making cuffs for your superhero outfit. Use colours and symbols that match the masks if you like. The easiest way to make them is to cut a cardboard tube so that you can just clip it over your arm.

