

5. Make something tasty! Choose – or do all three for tea!

Thor's Hammer – marshmallow treats:

50g butter, 200g white marshmallows,  
150g Rice Krispies, 20cm x 30cm baking  
tin, small lolly sticks (makes 24)

Melt butter or marg over low heat.  
Add marshmallows and stir until melted  
and well blended. Cook for 2 mins longer  
stirring all the time.

Remove from the heat. Add cereal and  
stir until well coated.

Using a buttered spatula or greaseproof  
paper, press the mixture evenly and  
firmly into a buttered 20cm x 30cm baking  
tin. Put lolly sticks into the mixture.

When cool cut into hammer shapes.



Iron Man Faces (scary snack!)

You need : Round cheese crackers (Ritz,  
Cornish or whatever you like). Butter or  
marg. Salami or ham (the redder the better).  
Slices of cheese.

Butter the crackers. Cut slices of salami to  
fit on the crackers exactly. Shape the cheese  
slices to look like Iron Man's helmet face.



Captain America's Shield (healthy snack!)

You need: Red fruit (strawbs, rasps .....)

Blue fruit (blueberries, blackberries ....)

Cheese (cheddar, feta .....)

Wash and prepare the fruit. Cut the cheese  
Into cubes and a star shape. Arrange the fruit  
and cheese on a plate to look like CA's shield.

