



Messy Church at Home

Sunday 6th Sept 2020



Our message: The Good News of Jesus as told by Mark

Who is Mark? : It is thought he was born in Cyrene, Libya at about the same time as Jesus and that he died for his faith in Alexandria, Egypt in 68AD where he had set up the first church in Africa. He is thought to be one of Jesus' 72 disciples who are mentioned in Luke 10 :1-17. He was a friend of Peter (the fisherman who became one of the 12 disciples close to Jesus). Also, he travelled with Paul on some of his journeys – you can read about this in the Acts of the Apostles. This is the fifth book of the New Testament and tells how the church began after Jesus had died, risen and went up to heaven.

You can see that Mark was close to the action and well placed to write down the good news of Jesus. His symbol is a winged lion.

Our story: So, this can be found in St Mark's Gospel which is the second book in the New Testament. The word 'gospel' means 'good news'. The gospel writers Matthew, Mark, Luke and John all wrote the story of Jesus according to how they saw it and who they were writing for. It seems that Mark's gospel was probably the first to be written and much of it can also be found in Matthew and Luke. It was probably written for the people living in Rome who had converted to Christianity.

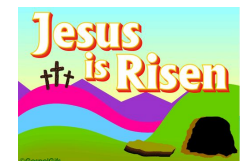
Mark turns out to be 'an action man'! He writes things down as if they happen quickly one after another. He urgently needs to share with others what he has seen and heard.

Mark's gospel is a good place to start in knowing about Jesus. Although his story is short it is packed with wonderful things!

Watch You Tube: TMC Youth Channel Bible Basics Mark Part 1. [here](#)
 Crossroads Kids Gods Story John the Baptist [here](#)
 Australian Animated Bible Mark 8:22-30 [here](#)
 The Resurrection of Jesus Mark 16:1-7 Dave Edgran [here](#)

Activities See following pages for instructions. Hopefully you will have most of the materials needed. You just need to decide which activities are suitable for the age group of your family. How about taking some photos of your Messy session and sending them to Max@bedhampton.church

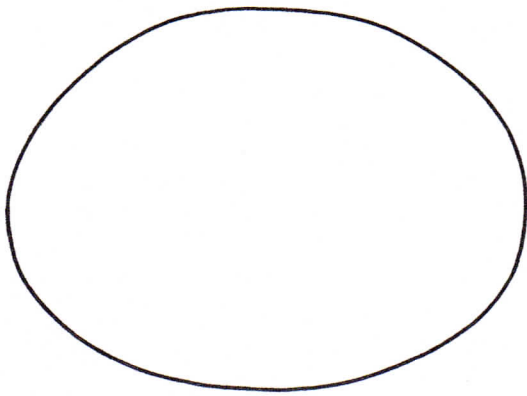
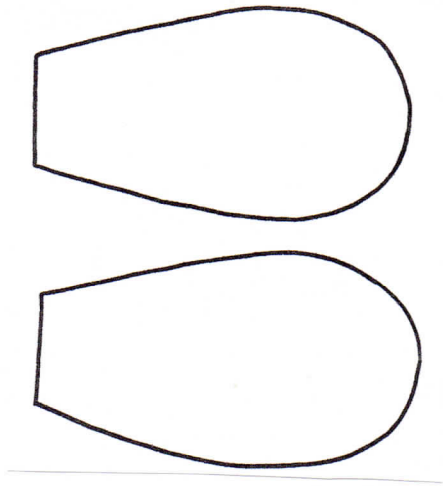
1. Make a bee & honeycomb (Mark 1:4-6)
2. Make an edible locust!
3. Use a shell & candle to remember baptism
4. Make a dove (Mark 1:9-11)
5. Do some experiments with light (Mark 4:21-23)
6. Grow something (Mark 4:26-29)
7. Make a mobile (Mark 6:30-44)
8. Do some experiments about hearing
9. Celebrate speaking! (Mark 7:31-37)
10. Make a collage (Mark 10:13-16)
11. Prayer Shack – the empty tomb (Mark 16:1-8)
12. Have fun colouring and puzzling!



ACTIVITIES FOR MESSY CHURCH AT HOME – MARK’S STORY OF JESUS

1. Make a bee and honeycomb. Mark 1:4-6)

John the Baptist lived a hard life in the desert. One of the things he ate was honey from wild bees. To remind us of this we are going to make a bee and a honeycomb. Of course, you can also have a honey sandwich for tea or have honey on your toast for breakfast! Choose one of these bees or one of your own. If you use the first one here, copy the outline on card. Colour it and cut it out. You can cover the wings with foil. The stripes are made from strips of black and yellow with fringes cut along the edge. On the next page you will find the outline of a honeycomb. Copy on card then colour it in various shades of yellow and light brown then stick your bee on the honeycomb.



2. Make an edible locust!

Use non-chocolate mini swiss rolls to make these. You can cover them in green or chocolate icing. You can use stick pretzels or Matchmakers to make the legs and antennae. Choose sweets or icing to make eyes. Maybe enjoy for tea with your honey sandwiches. Don't forget to include some healthy fruit as well!



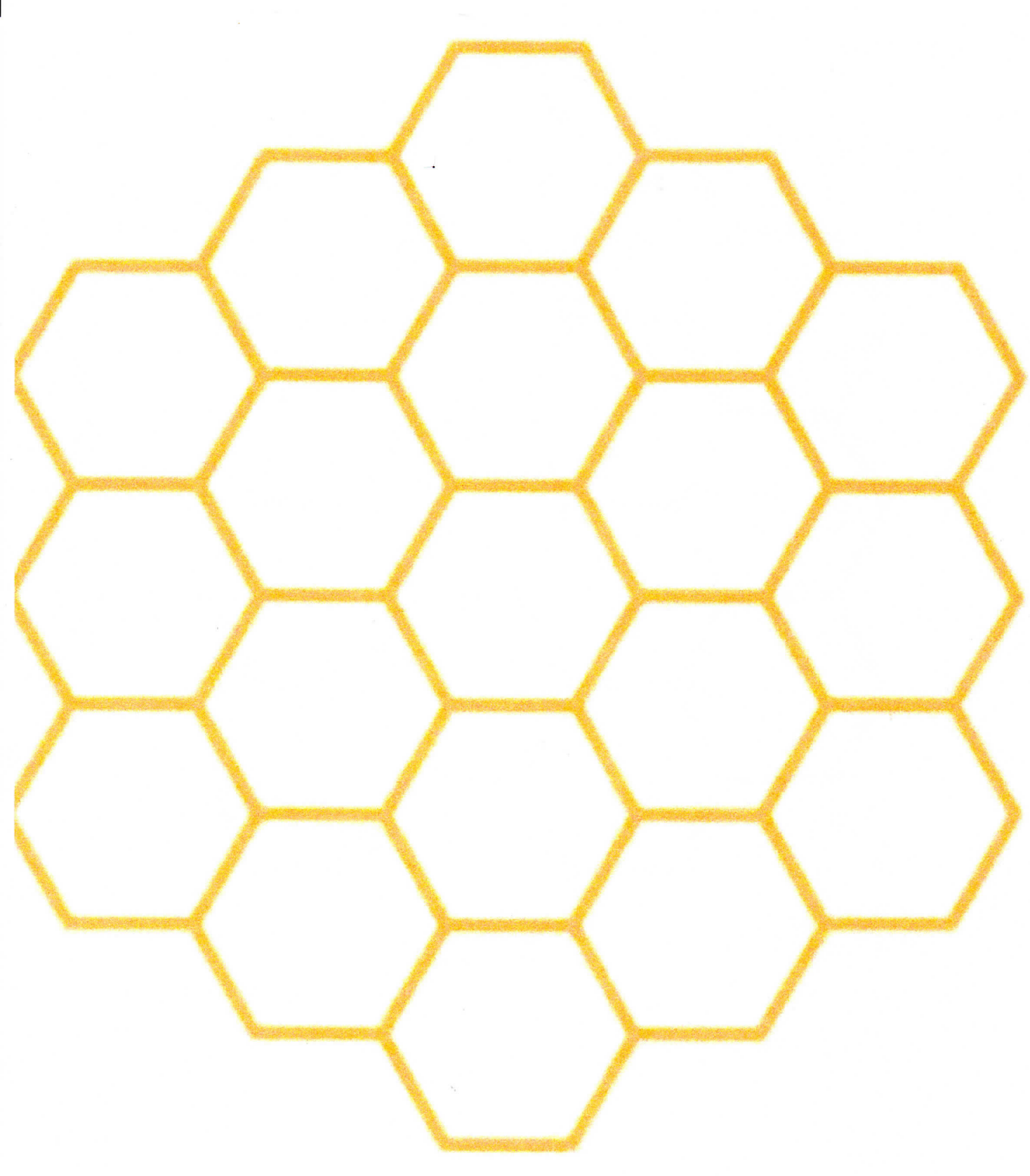
3. Remember baptism. NEEDS ADULT HELP!

A shell like the one in the picture is a symbol of baptism in the church. It was used on doors in the early church to show where Christians could be found. We use the shape of a fish today in the same way. For this activity you can use any shell you like - it doesn't have to be this shape and size. I made one using a really small curly shell.

!!Warning! This gets seriously hot – take care!!

You need an old tin (eg beans) and a couple of tea lights. Heat some water in a saucepan. Put the wax from the tea lights into the tin. Then stand it in the saucepan of hot water – you might need to hold it down with a wooden spoon as it tries to float (nice bit of science!). When the wax has melted pour it very carefully (maybe hold the tin with a cloth?) into your shell. After a short while, when the wax is beginning to set, put a birthday candle in the wax and hold it upright until it is set. If your shell doesn't sit flat you can stick a bead or pearl underneath with a glue gun so that it balances. If you have been baptised ask someone what it was like – what happened, what did it mean? Perhaps you could light your 'shell candle' and pray- thanking God for His love for you.





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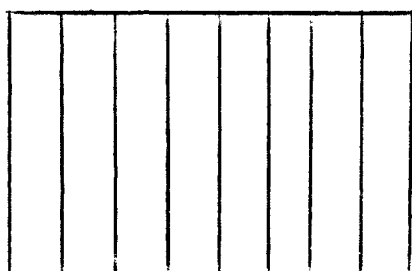
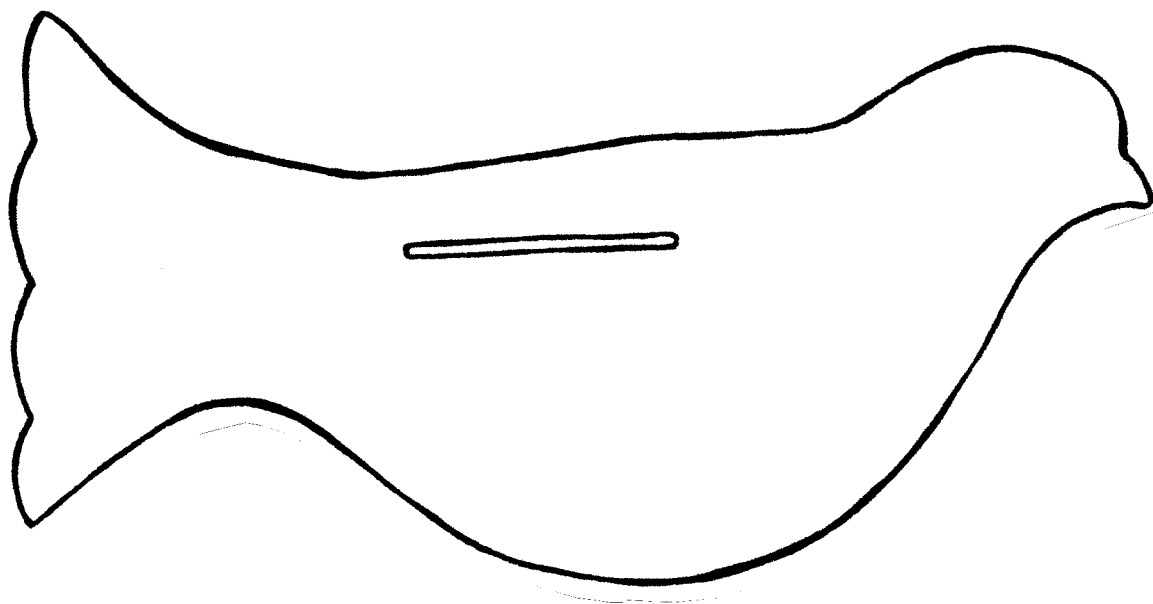
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4. Make a dove Mark 1:9-11

When Jesus was baptised in the River Jordan by John the Baptist, He wasn't a baby. He was 30 years old and about to start on His mission to tell people about God's love for them. A dove came down on Him from heaven and He heard God speak to Him. God said 'You are my Son and I am pleased with you'. How amazing – for Jesus and for us. Jesus then had the confidence to do the work God had for Him. Our baptism can give us this confidence too – even if we were small when it happened!

We're going to make a dove to help us remember this! Copy this dove outline onto white card and cut it out. Cut a slit where the wings are going. To make the wings, take a piece of white A5 paper (half of this sheet). Hold the paper by the short edges and fold it in half do that twice more and open it out. There should be 7 creases as in the diagram. Refold the creases so that the paper makes a concertina shape. Make a mark half way along and slide the paper through the slit in the dove's body. Open out the 'concertina' on each side of the body to make the wings. Put a small piece of sticky tape on each side to keep the wings in place (make sure they balance). Give your dove eyes. Make a hole above the wings so that you can hang it up.



5. Experiments with light Mark 4:21-23

- i) For this experiment you need a timer that measures seconds, a tea light and various glass containers of different sizes – it would be great if you have a really big one. Put the tea light on a plate and light it – TAKE CARE!. Start with the smallest container (a small jam jar? – but nothing that touches the flame).

Time how long it takes for something to happen! Write down how many seconds. Do the same thing with all the containers. What do you expect to happen? Were you right? Can you explain why it happens? (See the explanation at the end of the activities!).

- ii) For this you need a torch. Find lots of different materials around your home – eg kitchen roll, curtains (different thicknesses), plastic bowl, cotton wool, a blanket, a glass, a cup..... Use your torch to work out which materials are thicker. How do you think you could do this? Write down what you have tested in the order of thickness. What is the thinnest and what is the thickest?

In Mark 4:21-23 Jesus tells a story about a light. He says that a light should not be covered up but put on a stand so that it is bright and can be seen. The light of His words needs to shine. The light of our lives should shine too



6. Grow something Mark 4:26-29

In Mark 4:26-29 Jesus tells a story about a seed. The story is called a parable because although the story is about a seed Jesus uses it to tell us about the Kingdom of Heaven. This means the way the world would be if we listen to what God wants and work with Him. In the story Jesus says that the sower plants a seed and it grows under God's guidance – man does not make it happen. However, we can do things that help it to grow.

We are going to plant some seeds – and help them to grow. It is a miracle isn't it?






There are several ways you can do this. Have a boiled egg and use the shell – as in the picture. Carefully fill the shell with cotton wool put on the seeds (cress is best) and keep it well watered. Hopefully hair will grow! Or grow them on some damp kitchen paper in a plastic dish. Otherwise just plant some seeds in a pot of soil and water them regularly.



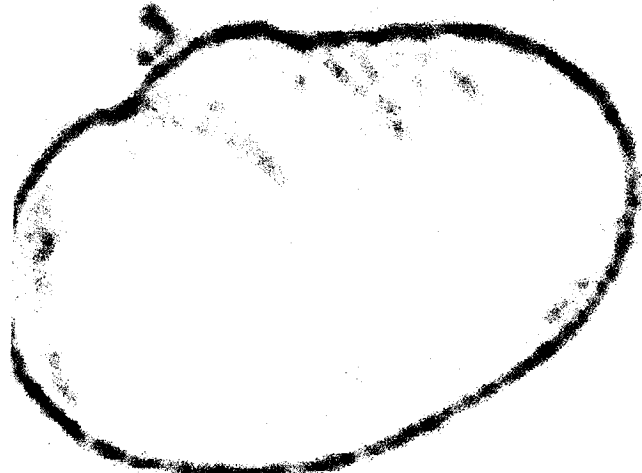
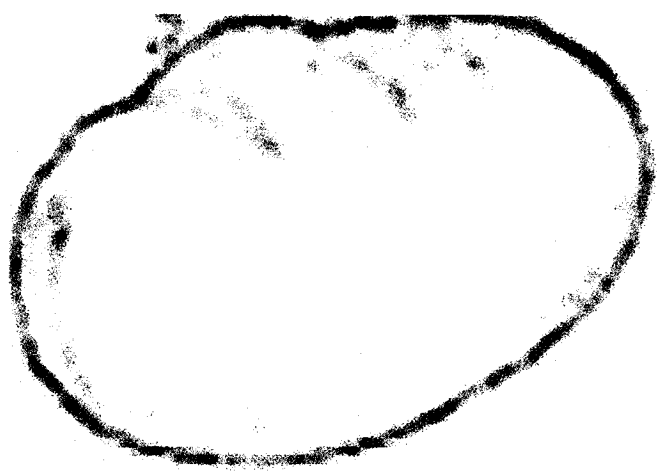
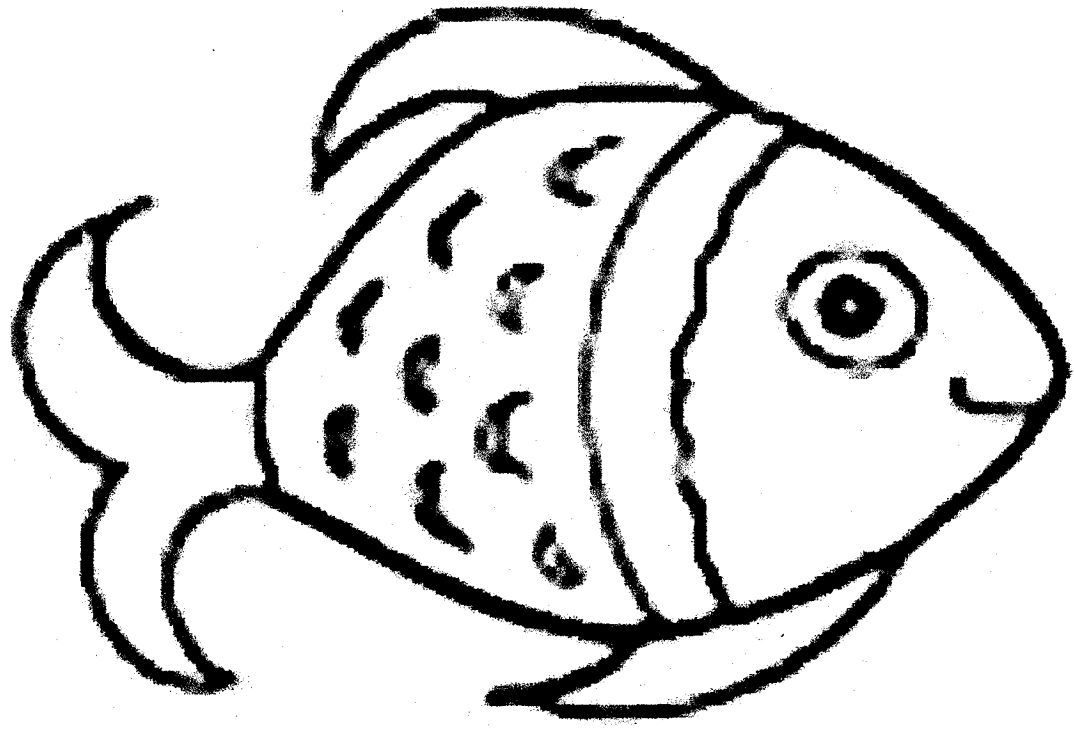
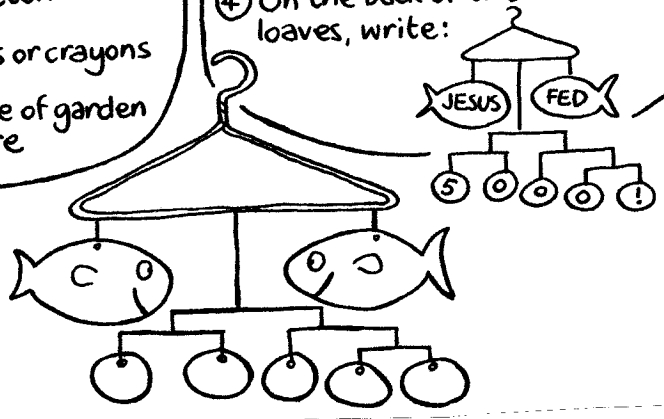
7. Feeding the 5000 Mark 6:30-44

Most people have heard of this miracle. In Mark 6:30-44 Jesus is teaching in a quiet place, it is getting late and everyone is hungry. Jesus is concerned for the people. The disciples have five loaves and two small fishes (in another gospel we are told these came from a young boy). Jesus took the loaves and fishes, looked up to heaven, gave thanks and divided them up between the people. Everyone eat until they were full and there were twelve baskets of food left over at the end. Amazing!! Use the next two pages to make a mobile.

How to make a loaves and fishes mobile

- You WILL NEED:**
-  a coat hanger
 -  thin card
 -  cotton
 -  pens or crayons
 -  piece of garden wire

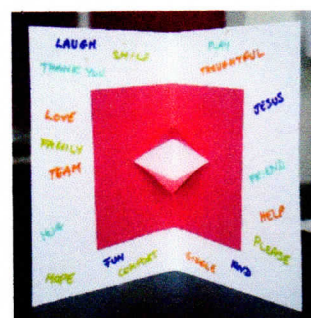
- ① Cut out and colour two fishes and five loaves
- ② Punch a hole in each
- ③ Thread cotton through and arrange on the hanger and wire
- ④ On the back of the fishes and loaves, write:



8. Do some experiments about hearing Mark 7:31-37

This is one of the many healings which Jesus did in His life. The gospels are full of the way He dealt with sick and suffering people. He was kind and caring and healed people wherever He went. This story is about a man who was deaf and also had trouble speaking. His friends brought him to Jesus to be healed because being deaf is so horrible – you feel very lonely because you cannot understand what people are saying. Jesus touched the man’s ears and tongue and immediately he could hear and speak.

Let’s think about hearing. You need a set of small plastic containers that are the same and some small household items like the things in the picture (eg rice, coins, beads, sweets, pasta.....). Get someone to fill each container with a different item. Shake each one and see if you can work out what is in each just by the sound it makes. Or – you could fill the containers and get someone else to guess. If you don’t have a set of containers you can use one and put the things in one at a time. Isn’t hearing amazing!



9. Celebrate speaking – Making a ‘Happy Words’ pop-up card

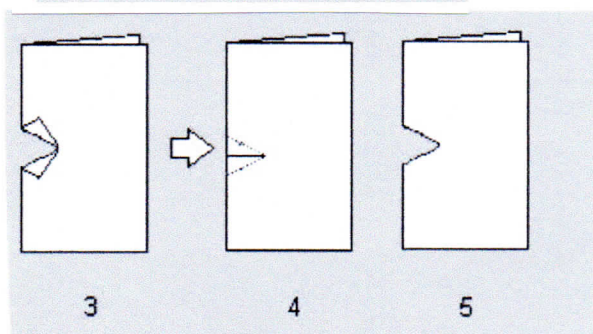
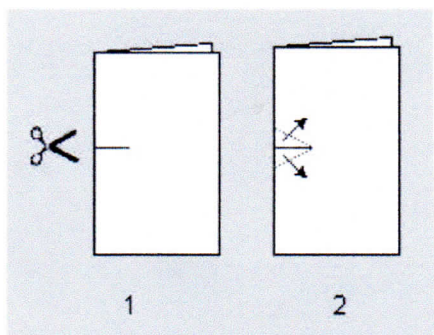
You need an A5 piece of white card or paper and a piece of red or pink paper 13cm x 9cm. Fold the larger piece in half to make an A6 card. Use the coloured piece and follow the diagrams to make the pop-up mouth to go inside the card. Stick the mouth inside the card so that it ‘pops up’ when the card is opened. You may need to experiment to get the mouth the right size. Stick the title on the front of the card and the text and prayer on the back. Then write your ‘happy words’ inside the card eg love, laugh, kind, help, please, Jesus, hug, friend

You could give this to someone who needs cheering up or keep it yourself as a reminder of how brilliant it is that we can speak and share our thoughts and ideas with each other. Don’t forget – you can talk to God as well -when you pray.

MY HAPPY WORDS

A man who cannot hear or speak is brought To Jesus. He touches the man’s ears and Tongue and prays to God. The man is healed. He can hear and speak. Mark7:31-37

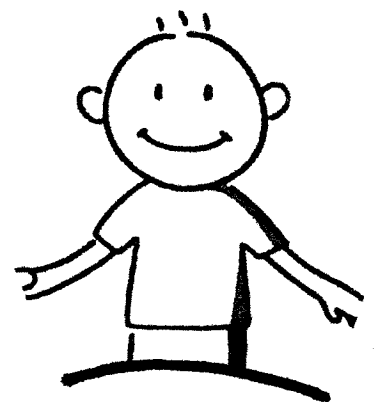
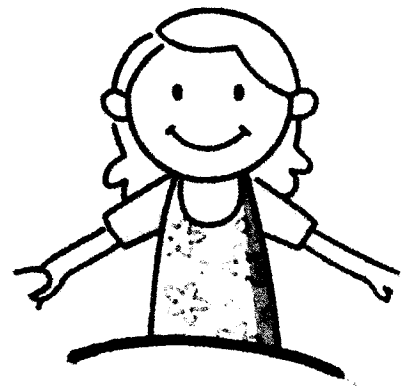
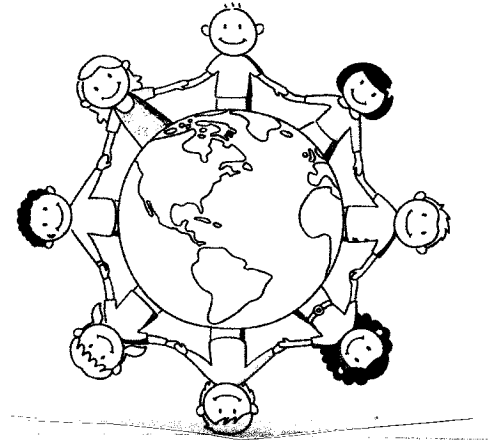
Thank you Jesus that I can hear and speak. Help me to use words that are kind and happy.



10. Make a collage Mark 10:13-16

This is a very special bit in Mark for children! Jesus' disciples tried to stop people bringing children to Him for a blessing. Jesus said that they must let the children come. They are very important to Jesus and show how God wants us to be. This activity shows how Jesus is at the centre of the world and our lives and that all children everywhere can come to Him.

Colour the cross - yellow/gold, the sea - blue, the land - green. Colour the children. Cut out the world and the children (a rough outline is fine). Stick the world in the centre of a white piece of A4 paper. Stick the children round the edge of the world so that they are holding hands. Use this picture to show you where to put them.



11. Prayer Shack – the Empty Tomb Mark 16:1-8

If you haven't already watched the video on this subject – watch it now. It is about Jesus rising from the dead. Pretty amazing hey? Mark and the other gospel writers tell us how Jesus was cruelly killed by wicked men. But this part of the story makes Jesus special. He is God's Son and He is now in heaven with His Father. On Easter morning the women were afraid because the body of Jesus had gone. But He was there with them just like He is with us today.

Colour the picture on the next page (or draw one of your own connected with one of today's stories). Use 5 colours. As you use each colour say prayers using the following topics:

- 1 : Thank you. Thank God for all he has given you. Your friends and family
- 2 : Please help me. Ask God to guide you in your life. To be kind and helpful
- 3 : Help others. Ask God to help those you love. Perhaps someone who is ill
- 4 : Forgive me. Ask God to forgive you for things you have done wrong. Have you been cross or hurtful?.....
- 5 : I love you. Tell God that you love Him. If you need help with that – ask Him!

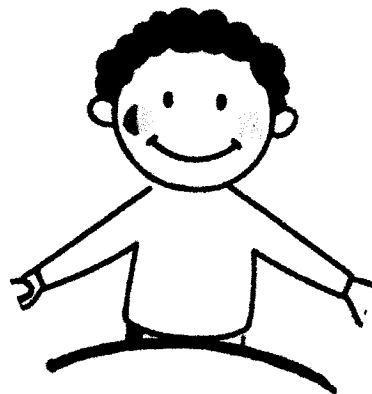
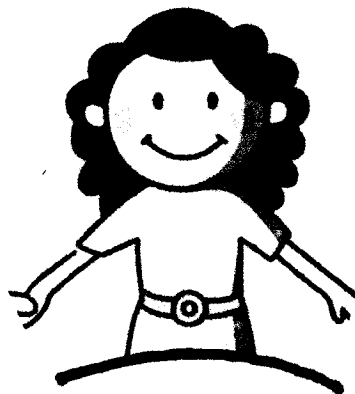
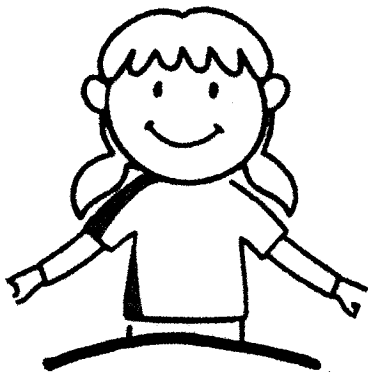
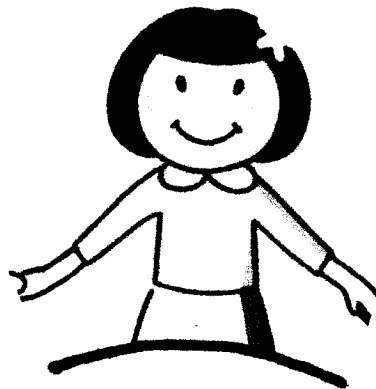
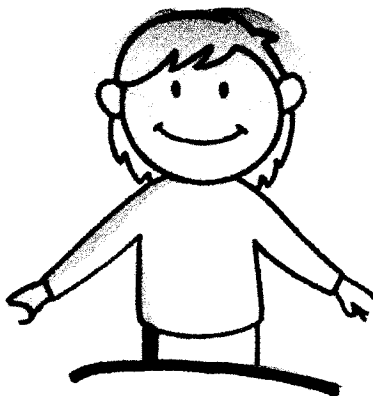
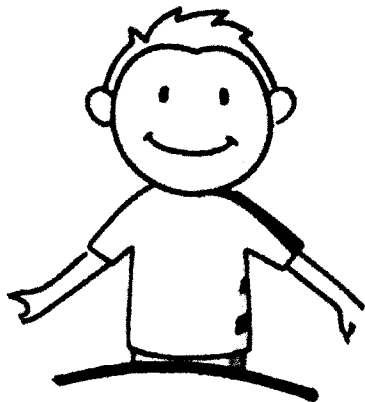


12. Have fun puzzling and colouring!

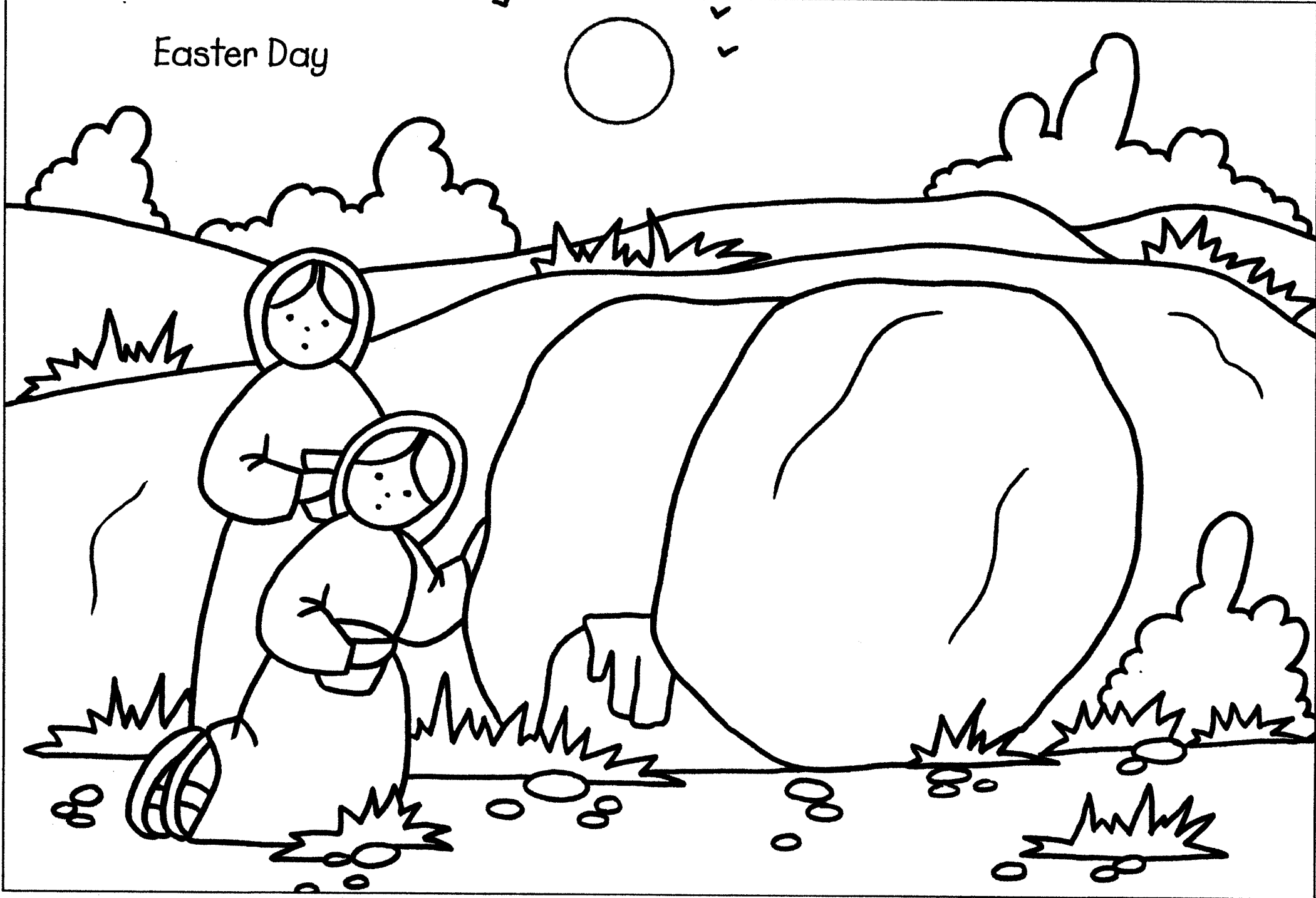
Explanation for activity 5 – Experiments with light

- i) You should have found that when you covered the tea light with a small container the flame went out more quickly than with the bigger containers. The bigger the container – the longer the light shone. The flame needs a gas called oxygen, which is in the air, to burn. When the oxygen runs out the flame goes out. The bigger containers hold more air, so more oxygen, than the small ones - so the light shines for longer!
- ii) You probably used your light to shine through the different materials. Did you find the thicker materials stopped more light? Sometimes this is true – but did you find that the colour of the material also made a difference? What did you think about glass? Does it make a difference how thick that is? Or what colour it is? Interesting isn't it?

Jesus' message is – don't put your light under a cover of any sort!!



Easter Day



USE THE CODE TO LEARN ABOUT JOHN THE BAPTIST.

A	B	C	D	E	F	G	H	I	J	K	L	M
26	25	24	23	22	21	20	19	18	17	16	15	14
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
13	12	11	10	9	8	7	6	5	4	3	2	1

17 12 19 13

7 12 15 23

11 22 12 11 15 22

26 25 12 6 7

17 22 8 6 8



COLOUR IT IN

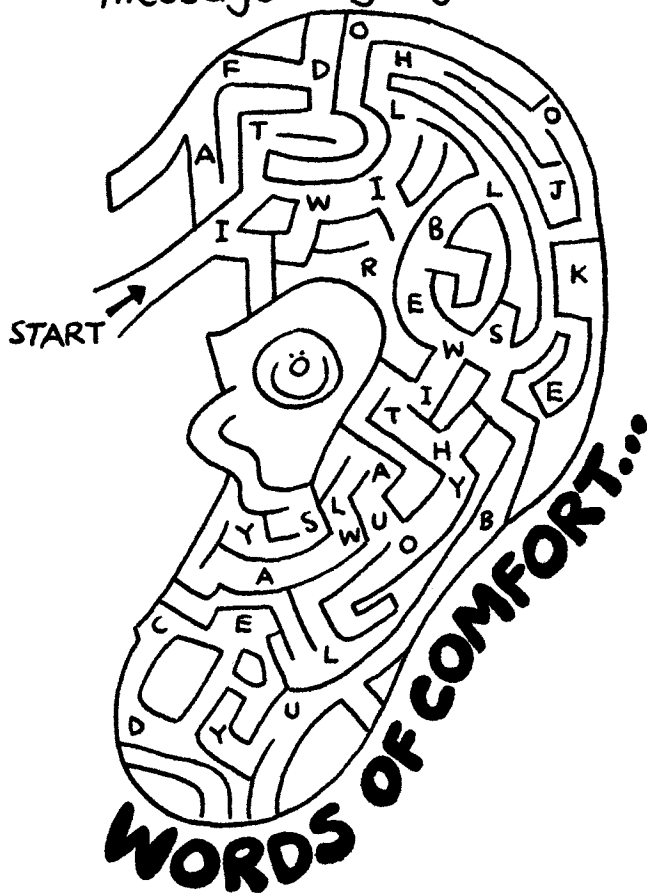


JESUS ONCE HEALED A MAN WHO WAS DEAF AND WHO COULDN'T SPEAK PROPERLY (THE WHOLE STORY IS IN MARK 7: 32-35) FINISH THE WALL WITH THE RIGHT BRICKS TO FIND OUT HOW JESUS HEALED HIM

Jesus put his _____ in the
man's _____ and he _____ on his
_____. Then he _____
which means 'Be _____' The man
found he could hear and speak.

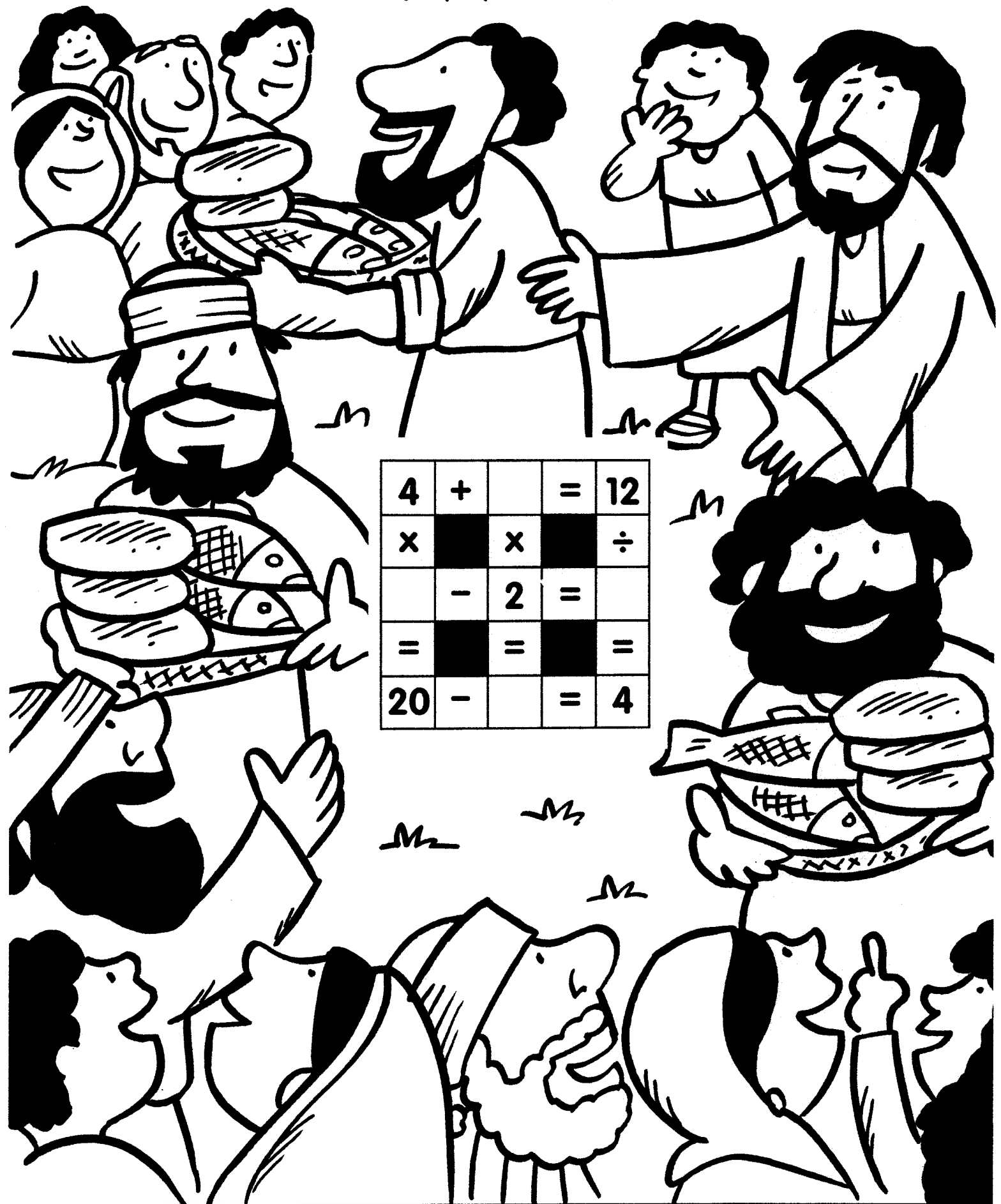
fingers ears 'Ephphatha!' tongue
sighed opened spat

Find your way to the centre of the ear, reading Jesus' message as you go....



Feeding of the five thousand

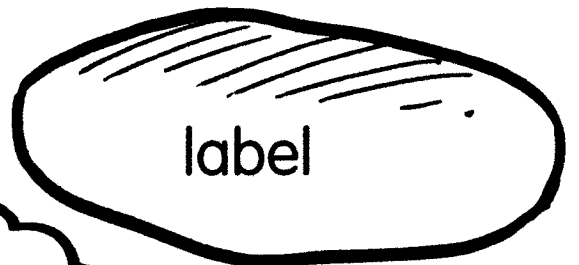
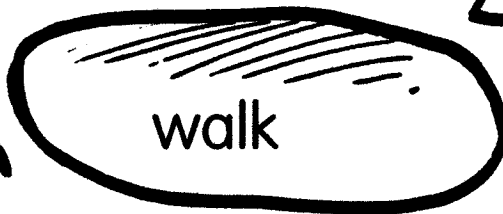
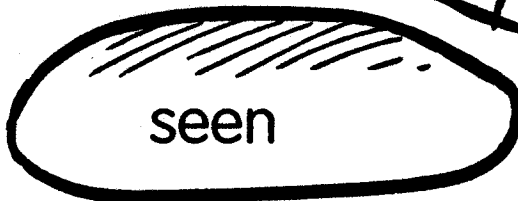
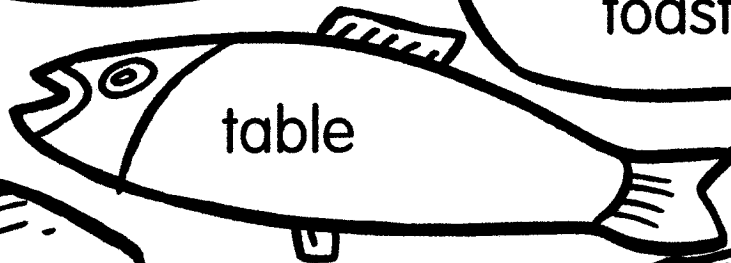
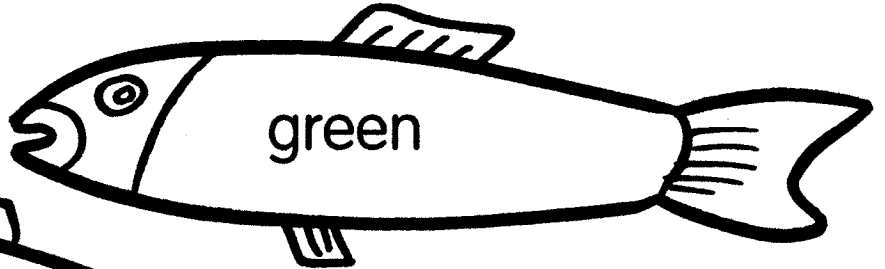
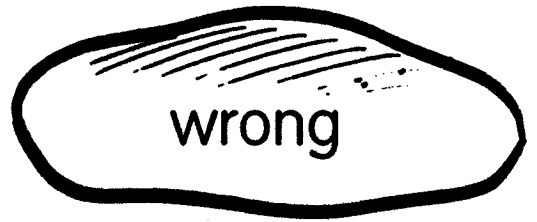
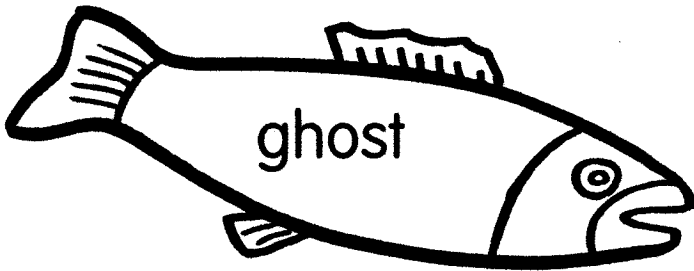
complete the sums grid.

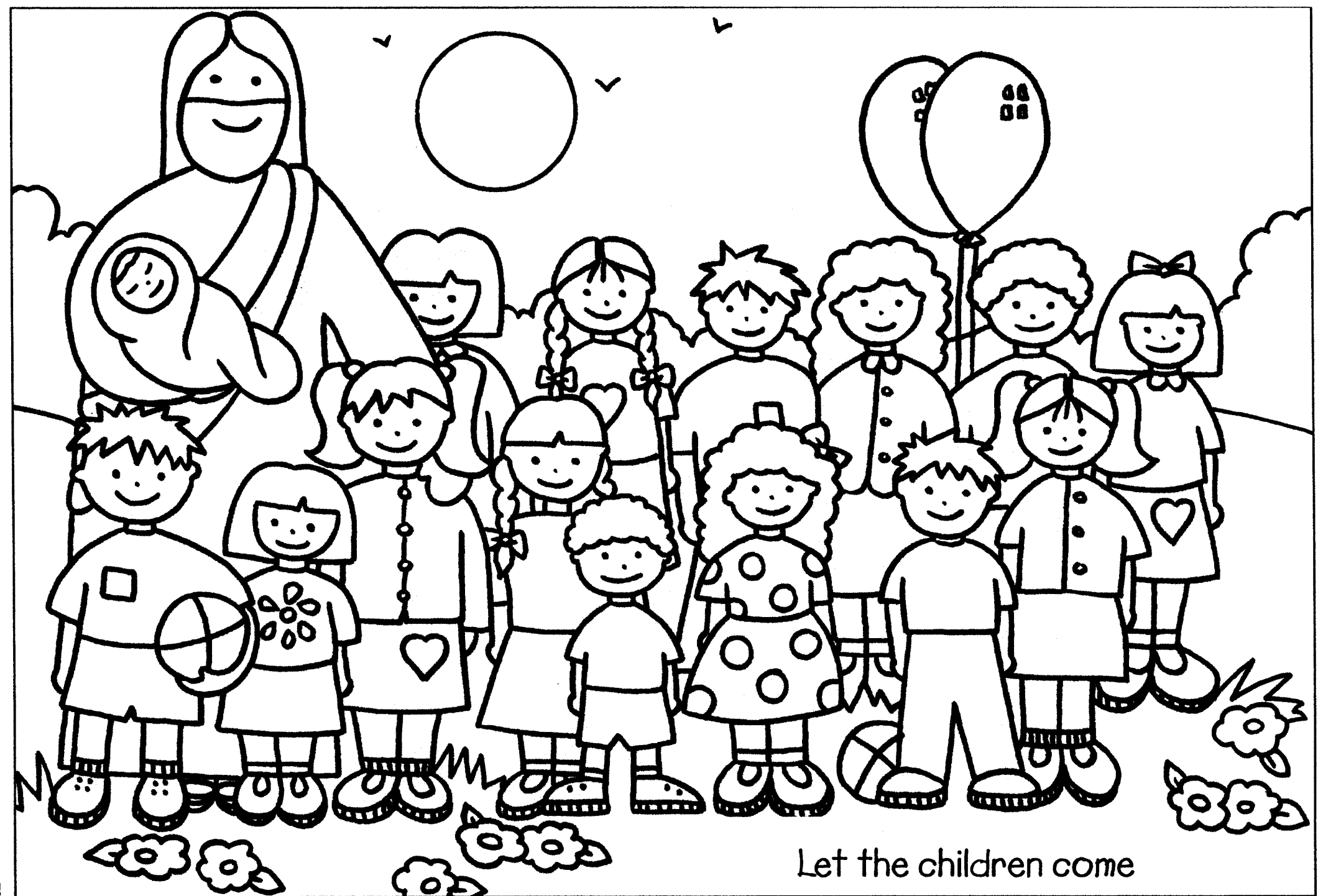


4	+		=	12
x		x		÷
	-	2	=	
=		=		=
20	-		=	4

Loaves and fishes

Draw lines between the words that rhyme.





Let the children come