



Serving the community of Bedhampton  
by sharing God's love and friendship

*Sunday 23<sup>rd</sup> March 2025*  
*Third Sunday in Lent*

**St Thomas'**  
**9.00am Morning Praise**  
Romans 6.1-14  
John 8.21-32

**St Nicholas'**  
**10.30 Holy Communion**  
Romans 6.1-14  
John 8.21-32

### *Collect*

Eternal God,  
give us insight to discern your will for us,  
to give up what harms us,  
and to seek the perfection we are promised  
in Jesus Christ our Lord.

### *Rector's Reflection*

I have discovered that rest does not come easy to me. Is it something about the way I am wired, or is it about the way the world has wired me? Yet it is something I desire to do, to take a sabbath rest once a week just to be with God. The world however conspires against me and there is always something that for some reason I feel only I can do. It is of course complete rubbish and God wants me to abide in him, more than he wants me to do stuff for him. How is your rest? Perhaps you are better than I am, or do you also struggle to relax and abide? There are too many burnt-out Christians so busy doing for God that they miss being with his Holy Spirit in the present. Let me encourage you to find a place to pause and abide in him this week.

## *Prayer*

### **Prayer Is Vital**

Our Wednesday morning prayer is 8am most weeks. You can join online in your web browser at [www.bton.uk/pray](http://www.bton.uk/pray) or Facebook at [www.fb.me/BedhamptonNews](http://www.fb.me/BedhamptonNews) Whatever you do, please pray for God's mission in Bedhampton.

### **Prayer Pointers**

1. Children, young people, and families
2. Bedhampton Methodist Church
3. Kingscroft Lane
4. The Lodge care home
5. Ukraine and the Middle East

### **Those requesting prayer**

Janice, Ted, Paddy, Alan, Keith

## *What's on*

### ***Tuesday 25<sup>th</sup> March***

**2.00pm Mothers Union Quiet Day.** St Nicholas' Church.  
This is an opportunity to learn about the Passover meal.  
All are welcome.

### ***Wednesday 26<sup>th</sup> March***

**8.00am Parish Prayer.** [www.bton.uk/pray](http://www.bton.uk/pray) or Facebook at [www.fb.me/BedhamptonNews](http://www.fb.me/BedhamptonNews)  
**9.30am Holy Communion.** St Thomas' Church.  
All are welcome. Tea, coffee and biscuits available after the service.

### ***Thursday 27<sup>th</sup> March***

**9.00am Fun Club.** St Nicholas' Church  
**10.00am Online Holy Communion.** [www.bton.uk/tv](http://www.bton.uk/tv) or Facebook.

### ***Friday 28<sup>th</sup> March***

**10.30am Coffee & Cake.** St Nicholas' Church

## News

### **Summer Show Memories**

Do you have memories or photos of the summer show you can share? We are collecting together a history of the summer show and would welcome all your input. You can drop anything of to the parish office or send it to Max on [Max@Bedhampton.church](mailto:Max@Bedhampton.church)

### **Annual Meeting (APCM)**

On Sunday 27<sup>th</sup> April we will have a joint service at St Nicholas' at 10.30am. This will be followed by our APCM and celebration, bring and share, lunch.

### **Romans Sermon Series**

Our current sermon series has a accompanying book by Andrew Ollerton from The Bible Society. "Romans: A Letter That Makes Sense of Life", is available from all the usual places.

### **Singles Afternoon Tea**

For whatever reason, you are a single person attending our Church you are invited to an afternoon tea. 3pm, Sunday 6<sup>th</sup> April at The Rectory. Max would like your input on how we can better include those who find themselves alone. We want to be a Church that includes everyone and your input can help with that. Please let Deb in the Parish Office know if you are able to attend.

### **St Thomas' Big Easter clean**

We are cleaning St Thomas' ready for Easter on Thursday 10<sup>th</sup> April, from 10.30am. If you can help please let Deb know, or just turn up on the day!

### **Easter Flowers**

If anyone would like to make a donation towards our Easter flowers, in memory of a loved one, please speak to Ann or Marie.

### **Nominate Us For A Grant**

Our insurance is having their annual giveaway. You can nominate us to receive a £1000 grant at zero cost to you by going to [www.bton.uk/nominate](http://www.bton.uk/nominate)

### **Lego**

We would like to occasionally offer a lego table at some of our family services. If you have any lego that is not in use and you would like to donate it to this cause, please contact Deb in the office.

### **1<sup>st</sup> Bedhampton Scout Group**

We thank everyone who supported us in our Annual Duck Race on Saturday 15<sup>th</sup> March. A list of winners can be found on 1<sup>st</sup> Bedhampton website [www.1stbedhampton.co.uk](http://www.1stbedhampton.co.uk)

## *Next Week. Sunday 30<sup>th</sup> March 2025*

### *Mothering Sunday*

**St Thomas'**  
**9.00am Holy Communion**  
Psalm 91  
John 19.25-30

**St Nicholas'**  
**10.30 Morning Worship**  
Psalm 91  
John 19.25-30

*Our services are usually available online after 6pm*

### ***Vision - Identity - Purpose***

In Bedhampton Parish we seek to be with Jesus, become more like Jesus and do what Jesus did. We are people whose identity is in:

#### **Prayer**

- We seek to have a daily rhythm of prayer.
- We seek to have a daily habit of spending time in The Bible.
- We seek to worship God in song, thought, word, and action.

#### **Helping**

- We seek to serve one another.
- We seek to serve within God's church.
- We seek to serve our neighbour.

#### **Giving**

- We seek to give of ourselves, going the extra mile.
- We seek to give of our time in our community and God's Church.
- We seek to be generous with our resources and finances.

Read more about our Vision, Identity and Purpose at: [www.bton.uk/vip](http://www.bton.uk/vip)

### ***Contact Us***

Parish Office  
Deb Vears  
Usual Office Hours  
Monday-Friday 9.30-12.30  
[Hello@Bedhampton.church](mailto>Hello@Bedhampton.church)  
023 9248 3013

Church Leader  
Rev Max Cross  
Usual Rest Day  
Friday  
[Max@Bedhampton.church](mailto:Max@Bedhampton.church)  
023 9245 0955

Assistant Curate  
Rev Jo Lorimer  
Usual Ministry Days  
Wednesday & Sunday  
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